

Conestoga High School

Issue: 6

No



QUICK LINKS

[Student Services Department](#)

[Senior Privilege Information](#)

[Senior Parking Permit Information](#)

CONESTOGA SPORTS SCHEDULES

Daily sports schedules for Conestoga High School athletic teams are available online at www.digitalsports.com by entering "Conestoga High School." Please contact the CHS Athletic Office, 610-240-1024, for additional information.

CLASS PARENT ORGANIZATIONS

Class of 2016

Senior Class Parent Meeting: January 12, 2016 at 9:30 AM

Citadel Heart of Learning



Citadel has teamed up with the Chester County Intermediate Unit to honor our area's most outstanding educators. The Citadel Heart of Learning Award recognizes excellence in the classroom by honoring those teachers who go above and beyond the call of duty to meet the needs of their students.

Nominations

1. Nominations for the 2014 Citadel Heart of Learning Award will open on October 1, 2015.
2. Nominations may be submitted solely on an individual's contributions or performance during the current school year, or for cumulative efforts over many years.

Nominations may be submitted online by filling out the [Citadel Heart of Learning Award Nomination form](#). The completed nomination must be postmarked by December 31, 2015.

SOS Program **November 11-18, 2015**

Conestoga offers depression awareness and suicide prevention training as part of the health & wellness curriculum using information from the research based program, The Signs of Suicide® (SOS) Prevention Program. The program has proven to

Class of 2017

Junior Class Parent Meeting: January 14, 2016 at 9:30 AM

Class of 2018

Sophomore Class Parent Meeting: November 17, 2015 at 9:30 AM in Room 142

Class of 2019

Freshman Class Parent Meeting: November 19, 2015 at 9:30 AM in Room 142

NCAA and Student Athletes

Students athletes considering playing collegiate sports should familiarize themselves with NCAA course requirements. Students are encouraged to speak with their assigned counselor to discuss further and visit the [NCAA Eligibility Center website](#).



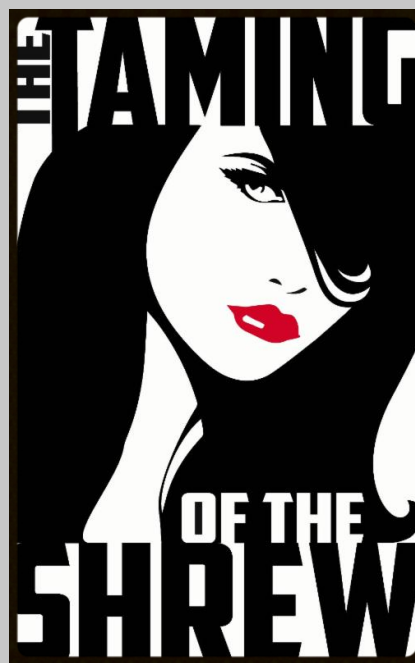
be successful at increasing help seeking behaviors by students concerned about themselves or a friend. It is the only school-based suicide prevention program listed by the Substance Abuse and Mental Health Services Administration for its National Registry of Evidence-Based Programs and Practices that addresses suicide risk and depression, while reducing suicide attempts.

Health teachers will deliver SOS program instruction, including a DVD entitled "Friends for Life" and related follow-up discussions. A member of the school counseling team will be present during and after the lessons to collect confidential response cards voluntarily completed by students who feel that they or a friend might need help. Counseling team members will also provide immediate, confidential follow-up for any students requesting help after the SOS lessons.

Report Cards November 19, 2015

The first marking period ended on Friday, November 6, 2015. Report cards will be distributed in Homerooms on Thursday, November 19, 2015. Consult the Tredyffrin/Easttown School District online calendar at www.tesd.net for further information on marking period ending dates.

Fall Drama at CHS



'Stoga Theatre presents...
The Taming of the Shrew
Directed by Natalie Gaspari

Conestoga High School
Thursday, November 19, 7:00 PM
Friday, November 20, 7:00 PM
Saturday, November 21, 2:00 PM & 7:00 PM

Come join us in Padua as Petruchio tames the fiery shrew known as Katherine. Travel back to 1950's Italy where you will find a wealthy father who is trying to marry off his eldest daughter so the youngest daughter can get married to one of her many suitors.

In Shakespeare's classic comedy, be prepared for confusion, disguises, physical comedy, and even a few witty puns. Come find out if Petruchio has the bravado to best the "untameable" Katherine.

TICKET PRICES:

Adults - \$10
Students (19 years and younger) and
Seniors (62 years and older) - \$8

Tickets available at: <http://www.stogatheatre.com>

Rachel's Helping Hands
5k Run and Family Fun Walk
Sunday, December 6, 2015

Please join us in support of our inaugural fundraiser for The Rachel's Helping Hands 5k Run and Family Fun Walk on December 6, 2015 at Wilson Farm Park. [Please view this link for additional details.](#)

Just Talk About It
Thursday, December 10, 2015

ARCH, along with Conestoga High School, invites parents and teens to join *Minding Your Mind* in a discussion on mental health education. Topics addressed will include anxiety, depression, self-harm, substance abuse, and the difference between positive and negative coping mechanisms. All Conestoga juniors and seniors will attend this presentation in an assembly on December 10 during the school day. The evening presentation is open to all parents. Teens (especially grades 9-10 who will not see the assembly) are encouraged to attend as well. [Please view this link for details on *Minding Your Mind*.](#)

Parenting in the Age of Social Media
Monday, December 14, 2015

On Monday, December 14, 2015 (morning and evening presentations) ARCH invites parents to a Screening of *Being 13: Inside the Secret World of Teens*, followed by strategies for navigating this topic with children; the digital citizenship

Financial Aid Evening **Wednesday, December 16, 2015**

Please join us for Financial Aid Evening on Wednesday, December 16th at 7pm in the Conestoga Auditorium. Chris Gruber from Davidson College will present what parents need to know about the financial aid process for college. All are welcome. We look forward to seeing you there!

MESSAGE FROM **THE STUDENT SERVICES DEPARTMENT**

School Counselor Assignments

Student Services Center assignments for 2015-2016 are as follows:

Guidance Counselor	Class of 2019 & Beyond	Classes of 2016-18
<u>Laureen McGloin</u>	A-Bro	A-Br
<u>Rachelle Gough</u> / <u>Maria Marano</u>	Bru-Dh	Bu-Dh
<u>Katherine Corkhill</u>	Di-Gr	Di-Gai
<u>Brian Samson</u>	Gu-Ke	Gal-Ja
<u>Melissa Boltz</u>	Kh-Ma	Je-L
<u>Jennifer Kratsa</u>	Mc-N	M-Na
<u>Dan McDermott</u>	O-R	Ne-R
<u>Leashia Lewis</u> / <u>Christine Baumann</u>	S-T	S-Te
<u>Megan Smyth</u>	U-Z	Th-Z

Mental Health Specialist	Student Last Name
<u>Dr. Christine Dunleavy</u>	A-L
<u>Mrs. Melissa Salzberg</u>	M-Z

The Student Services Center encompasses a wide variety of services designed to assist students in their academic, career and personal/social development. Information on counselor assignments was mailed to each family over the summer. In addition to guiding students through the course selection process, school counselors provide assistance with self-awareness, educational planning, interpretation of test scores, occupational information, home, school and/or social concerns, or any matter the students feel is significant. Up-to-date printed information,

software, and audiovisual aids are available in the center to assist students with decision-making, and college and career selection. The Student Services Center resources are available for student use from 7:00AM to 3:30PM Monday through Friday.



Start following us on Twitter @StogaGuidance



CHS Intramural Squash Program

Please view the following link for details on the CHS Intramural Squash Program: [CHS Intramural Squash Program](#)

Upcoming Events

<u>EVENT</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
Winter Sports Begin for JV and Varsity	11/16/2015	2:30 PM	CHS
School Board Meeting	11/16/2015	7:30 PM	Cafeteria
Sophomore Parent meeting	11/17/2015	9:30 AM	Room 142
Freshman Parent Meeting	11/19/2015	9:30 AM	Room 142
Fall Drama "Taming of the Shrew"	11/19/2015	7:00 PM	Auditorium
Fall Drama "Taming of the Shrew"	11/20/2015	7:00 PM	Auditorium
Fall Drama "Taming of the Shrew"	11/21/2015	2:00 PM	Auditorium
Fall Drama "Taming of the Shrew"	11/21/2015	7:00 PM	Auditorium
Library Coffee House	11/20/2015	8:20 AM	Library
Cornucopia	11/24/2015	8:20 AM	Gyms
No School	11/25-11/27/2015		
District-wide Parent Conferences: No school for students	11/30/2015		
Winter Sports Begin for Freshman	12/1/2015	2:30 PM	CHS
Winter Concert I (Bands)	12/2/2015	7:00 PM	Auditorium

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